

Heartland Products, Inc. is pleased to offer Flax *naturally* Flax Hull Lignans. Our lignans are a *Full Spectrum Lignans* product that are *mechanically* extracted from the flax seed hull. Our product is a unique group of phytonutrients and contains several types of lignans, in particular, SDG Lignan (Secoisolariciresinol diglucoiside).

Flax naturally Concentrated LIGNANS:

- Gluten-free. Lignans are naturally low-glycemic*
- Contains soluble and insoluble fiber*
- Phytoestrogens that may help maintain normal hormone balance*
- Per serving, more bioavailable lignans than 70 grams of whole flax*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

****There are several types of lignans in *Full Spectrum Lignans*. This product contains approximately 3-6% SDG Lignan per serving, depending on growing conditions.**



Flax naturally®

Contains
100 mg
SDG
Lignan per
serving!

Concentrated LIGNANS

Improved
Formula

a Full Spectrum Lignans Product

Enhanced enzymes & probiotics!

DIETARY SUPPLEMENT

90 CAPSULES

Suggested Use: Take 3 capsules daily. Drink 4-6 ounces of water afterward and plenty of water throughout the day. (*Note: Depending on your individual needs, you may take up to 6 capsules daily.*) For those who cannot swallow capsules, one may open the capsules and sprinkle the lignans in their favorite beverage or on food.

Each capsule contains: 710mg of Full Spectrum Lignans.

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 30

Amount per serving	% Daily Value	
Full Spectrum Lignan Blend	2130mg	†
Flax Hull Lignans (providing 100mg** SDG Lignan) (Secoisolariciresinol diglucoiside)		
Proprietary Enzyme Blend	7.5mg	†
Protease, Lipase, Cellulase, Hemicellulase		
Proprietary Probiotic	2.5mg	†
Lactobacillus		

†Daily Value not established.

Other ingredients: vegetable capsule (hypromellose).



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